



A one day group to think about how to build a solid marriage no matter how long you've been in a relationship.

Based on video input from Care for the Family and giving time to discuss the course covers topics such as "The forgotten Vow", "The art of communication", "Handling conflict well" and "When the going gets tough" with an additional discussion on "Getting married in Church".

The course runs from 10am to 3.30pm and includes a sandwich lunch, tea and coffee. The cost is £12 per couple (as a contribution to costs).

**Grundisburgh Parish Rooms**  
**Saturday 15th Feb 2025, 10am- 3.30pm**

If you'd like to come please  
email: [mark@carlfordchurches.org](mailto:mark@carlfordchurches.org)

